

Bereavement Visitor

**In times of grief it helps to talk.
Bereavement Care is there to listen.**

Bereavement Care aims to relieve the suffering and distress caused by bereavement or loss. This could be by offering support through the process of grieving, increasing the public awareness and knowledge of the needs of bereaved people; and training and supervising suitable volunteers in listening skills to support bereaved people.

The loss of someone close is likely to affect us all at some time in our lives. Coping with grief can be very difficult and each of us reacts in different ways. Sometimes we need extra support to help us at this time. An opportunity to talk to a trained listener in confidence will often help.

- We are looking for volunteers to undergo training, who will then arrange to visit/ meet with bereaved clients who live in the local community
- You will be fully supported by a Group Leader/ Supervisor with regular supervision meetings (every 6-8 weeks)
- You will be assigned to a Bereavement Group as local to you as possible
- You will be practicing within Bereavement Care's Codes of Best Practice for Visitors and any specific codes of practice issued by your Bereavement Group
- Bereavement Care ask you to submit to your Group Leader annually (anonymous) statistical data on the bereavement visits that have been undertaken in the previous months
- You will be encouraged to promote and develop bereavement support and awareness within your own organisation/community
- This is an opportunity for you to apply your skills for a worthy cause supporting people through their feelings of loss, to develop new skills and build your confidence
- As a Bereavement Care volunteer you will receive special rates for our training programmes and annual conference

Training

- Initial 2 full day in person bereavement training course (possibly held in Harrow) – there will be a charge of £50 which is refundable after 6 months volunteering
- There will be ongoing training opportunities which may incur nominal costs

Information

- The bereavement sessions can take place in someone's home, at a Bereavement Group venue or over the telephone
- The bereavement session will last for a maximum of 1 hour
- We ask volunteers to commit to a specific day each week, during daytime hours.
- This role is subject to a DBS check, the cost of this check will be covered by Bereavement Care
- 2 current references are required
- Minimum commitment 6 months

How to apply

A H4ALL application form must be completed.

To obtain an application form:

- Visit www.h4all.org.uk and download or print an application form
- Email volunteerhub@h4all.org.uk to request an application form to be sent to you by email or post
- Telephone 01895-676-111