



Activity Support Volunteer

Role Purpose

To help lead/support activity sessions

Role Description

To support the running of the day to day activity sessions at the Hub. This includes: football, basketball, bingo, arts and crafts, drama, line dancing, golf and tennis.

Commitment & Location

The Hub, Crown Walk, The Pavilions, Uxbridge. Sessions take place Monday to Friday between 10.30-12.30 and 1-3pm.

Qualities/Experience

- Knowledge of a particular sport
- Able to follow directions
- Able to use your own initiative
- Organised and approachable
- Be sociable and engaging.
- Be committed and reliable.
- Happy to work in a diverse team.

Main Responsibilities

The Volunteer would be involved in setting up activities. They would be expected to help support the running of the session. Encouraging clients to join in and offer support or guidance. They may want to share their enthusiasm for a particular sport or activity. They would be expected to treat all participants and staff members with kindness, respect and understanding. They would welcome everyone's individualities and work cohesively with others.

Training

You will be shadowing a DASH employee until you have completed your relevant training.

Reference checks will be required and a DBS will need to be obtained, the cost of this will be covered by DASH.

Benefits

Volunteering will provide a great opportunity for you to learn new skills, meet new people and help others. You may be looking for something to help build your confidence or fill your spare time. Volunteering gives you a great sense of achievement and looks great if you are trying to boost your CV.

DASH will reimburse you for any expenses incurred while volunteering.



How to apply :

A H4ALL application form must be completed.

To obtain an application form:

- Visit www.h4all.org.uk and download or print an application form
- Email volunteerhub@h4all.org.uk to request an application form to be sent to you by email or post
- Telephone 01895-676-111



DASH strives to empower, inspire and motivate disabled people of any age to reach their full potential every day and in every situation

dash.org.uk