



# Food Bank Volunteer

## Role Purpose

To offer help and advice to clients who may need benefit advice. To be a friendly face to chat and engage with.

## Role Description

To assist a DASH employee in providing advice and information at two local foodbanks in Ruislip and Northwood.

## Commitment & Location

Ruislip and Northwood. Ruislip foodbank runs every 2<sup>nd</sup> Saturday of the month. Northwood is 2<sup>nd</sup> Friday of the month.

## Qualities

- Be Committed and Reliable.
- Happy to work in a diverse team.
- Have a knowledge of disabilities.
- Possess a proactive manner.
- Good Computer skills
- Display research skills, gathering relevant information.
- Promote the upmost confidentiality

## Main Responsibilities

This Volunteer would attend foodbanks to support an existing DASH employee. They would need to be computer literate and able to research information and advice about local facilities, benefits or sign post them to the relevant service required. They should be sociable, willing to engage with people and ask relevant questions in order to see what help is needed. They should be confident using the telephone and computer as some clients may prefer to engage in this way. They should have a good knowledge of zoom/teams and willing to make connections with a client. Training

Full training will be provided. You will be shadowing a DASH employee until you have completed your relevant training.

Reference checks will be required and a DBS will need to be obtained, the cost of this will be covered by DASH.

## Benefits

Volunteering will provide a great opportunity for you to learn new skills, meet new people and help others. You may be looking for something to help build your confidence or fill your spare time. Volunteering gives you a great sense of achievement and looks great if you are trying to boost your CV.

DASH will reimburse you for any expenses incurred while volunteering.



**To apply for this role:**

Visit [www.h4all.org.uk](http://www.h4all.org.uk) and download or print an application form OR Email [volunteerhub@h4all.org.uk](mailto:volunteerhub@h4all.org.uk) to request an application form to be sent to you by email or post. • Email your completed form to [volunteerhub@h4all.org.uk](mailto:volunteerhub@h4all.org.uk) OR Post your completed form to H4ALL, Volunteer Development Team, Key House, Yiewsley, UB7 9BQ. • Call 07395 282825 to speak to a member of the volunteering team

DASH strives to empower, inspire and motivate disabled people of any age to reach their full potential every day and in every situation

[dash.org.uk](http://dash.org.uk)