

Pet Therapy Volunteer Volunteer with your dog! London Borough of Hillingdon

(also London Boroughs of Brent, Harrow, Kensington & Chelsea and Westminster)

Are you the owner of an amazing dog that could brighten days and bring joy to adults in hospital and ward placements?

Central and North West London (CNWL) NHS Foundation Trust is looking for volunteers and their dogs to join their Pets As Therapy Service across mental health and rehabilitation services.

By volunteering with your pet dog you can bring comfort companionship and positive experiences to people during their recovery journey. Even a short visit can help reduce anxiety, boost mood and provide moments of comfort, connection and companionship.

This role is highly rewarding and beneficial for client and volunteer wellbeing, particularly in supporting mental health and anxiety.

At present we are primarily seeking volunteers with suitable dogs for this role.

Commitment:	At least one hour per week at a visit Set day and time each week Typical operating hours are Monday to Friday, between 10am and 5pm Weekend opportunities may occasionally be available
Dog requirements:	Successfully complete approved registration and temperament, health assessment and certification procedures funded by CNWL (registration with Pets As Therapy, Canine Concern, Mayhew or other recognised therapy animal organisations can be accepted) Up to date vaccinations and health requirements form part of the certification process Must be comfortable around people, not bark excessively, not jump up at individuals Must have a diet free of raw meat, raw bones, raw chews and unpasteurised milk
Volunteer requirements:	Have a suitable dog! Be responsible for arranging the pet assessment with guidance and support provided by the programme team Aged 18 years and over Fluent English speaker, speakers of other languages welcomed

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Volunteer requirements:	Any required immunisation checks e.g. Tetanus You will be required to complete a Pets As Therapy programme application form Completion of all required checks and assessments including an occupational health assessment and DBS check
Volunteer training and support:	Visits take place in a safe, supported environment such as meeting rooms or communal spaces, or gardens where appropriate Visits are conducted in small groups rather than one-to-one bedside and always with a staff member present Visits are delivered in line with Trust infection prevention and control guidance Placement locations are considered carefully due to pet travel Assigned a named contact and liaison person Full training will be given including GDPR Confidentiality Policy Insurance and risk assessments will be managed by CNWL NHS Trust DBS check will be carried out and paid for by CNWL Occupational Health assessment carried out and paid for by CNWL Regular online team meetings; an opportunity to meet other volunteers and discuss your experiences Training and learning opportunities Blue Light card eligibility after completion of 30 hours Reimbursement of agreed travel expenses
To apply:	• Visit volunteering Volunteer Hub H4ALL and download or print an application form OR Email volunteerhub@h4all.org.uk to request an application form to be sent to you by email or post • Send your completed form by email to volunteerhub@h4all.org.uk OR post to H4ALL, Volunteer Development Team, Key House, Yiewsley, UB7 9BQ • Call 01895-676-111 to speak to a member of the H4ALL volunteering team in person

The CNWL Pets As Therapy Service is generously funded by The POD Family through CNWL NHS Health Charity and delivered by CNWL London NHS Foundation Trust.