Gardening Volunteer Rb&hArts – Harefield Hospital





rb&hArts is an innovative programme run by Royal Brompton and Harefield hospitals. We improve patient experience in clinical environments, as well as enhance the wellbeing of our staff, patients, visitors and local communities around each of the hospitals. We do this through participatory arts, music, exhibitions, commissioned artworks, and now through marrying our passion for tackling climate change and helping wildlife with wellbeing through nature for staff and patients.

Patients will see these gardens out of their windows or on walks during their stays in hospital and staff will be able to visit the gardens on their breaks. You can find out more here: <u>rb&hArts</u>.

Whether you are an experienced gardener or have never gardened before, we could really use your help. We are looking for enthusiastic volunteers who are happy to help us manage these gardens regularly.

Main purpose of the role:

 We would be managing the healing gardens, patient gardens and the green spaces on the site.

Commitment required:

- The sessions are every Thursday 11am-3.
- You will be reporting to Rosie, Volunteer Lead, Arts Team.

Benefits for you:

- You would be able to benefit the hospital staff and patients.
- A community of volunteers to get to know.
- Fitness.
- We would appreciate your input for new ideas.
- Knowledge and experience of gardening.
- References for future work.

Role responsibilities:

 To assist with gardening, which can include: planting, mulching, weeding, composting, watering, pruning, litter picking etc.

Skills required:

No gardening experience required.

Attributes required:

 Just to be able to work in a team and to be enthusiastic.

Training and support given:

 Training on gardening – also a lot of interesting knowledge about biodiversity, plant ID etc.

To apply for this role:



A H4ALL application form must be completed. Please note we require two references.

To obtain an application form:

- Visit www.h4all.org.uk and download or print an application form
- Email <u>volunteerhub@h4all.org.uk</u> to request an application form to be sent to you by email or post

Send your fully completed application form by:

- Email to volunteerhub@h4all.org.uk
 OR
- Post to H4All, Volunteer Development Team, Key House, 106 High Street, Yiewsley, UB7 9BQ

