

H4All Community Champion Volunteer

About us:

H4All is working to advance the health and wellbeing of residents in the London Borough of Hillingdon.

This is done through our Community Champions programme, which is an initiative made up of organisations and local volunteers who promote positive wellbeing messaging and share healthcare information.

Who are we looking for?

We are looking for committed volunteers who are interested in public health and meeting people in the community. As a Community Champion, you'll be carrying out community outreach, making new connections and supporting us with community health projects.

This is a meaningful opportunity to reduce health and social inequalities in the London Borough of Hillingdon, while gaining practical experience and benefiting from free training.

Key responsibilities:

- Engage with the public as part of community outreach efforts, including attending our roadshow events and speaking with residents about health programs and activities. This role will take place at different locations and venues across the London Borough of Hillingdon.
- Support the community by providing information on health services, resources and support networks.
- Complete a monthly log detailing any health outreach undertaken.
- Assist in survey data collection.

Benefits for you:

- Free, specialised training and mentoring provided, enhancing personal and professional skills.
- Hands-on experience in health outreach and community engagement.
- Networking opportunities with healthcare professionals, community organisations and other volunteers.
- A chance to demonstrate your commitment to community health.

Training and support given:

Mandatory training:

- Online safeguarding and suicide prevention courses
- Current healthcare messaging
- NHS blood pressure testing

Throughout your time volunteering with us, there will be additional online and in-person training that will be offered (depending on interest and projects we are running).

Expenses:

We can provide expenses for travel and parking for events and training. Further reimbursement at the Programme Officer's discretion.

Skills and attributes required:

- Strong desire to make a difference in the London Borough of Hillingdon and improve the local community's health.
- Confidence in speaking with the public and engaging with diverse communities.
- Respectful of confidentiality and procedures.
- Empathetic and understanding of others' cultures, beliefs and backgrounds.

Desirable:

- Ability to speak a community language [especially Somali, Punjabi, Polish, Arabic, Urdu, Bengali, Mandarin, Spanish] would be beneficial.
- Previous experience in community health or outreach would be beneficial.

Commitment required:

- Full induction and mandatory online courses, as well as blood pressure checks training before starting your volunteering.
- Attend relevant training when offered.
- We ask for a commitment of 6 months due to free training and individual support/development offered to our volunteers.
- This is a flexible role, and you can select which outreach events or projects to join based on your commitments.

Reporting to:

- Health and Wellbeing Programme Officer.

Documents required:

- In your application form, you will be asked for 2 references who have known you for at least a year. They can be from a professional, a friend, a support worker etc.
- A basic DBS check is required for public-facing roles.

To apply for this role:

A H4All application form must be completed.

To obtain an application form:

- Visit www.h4all.org.uk and download or print an application form
- Email volunteerhub@h4all.org.uk to request an application form to be sent to you by email or post
- Telephone 01895-676-111

Send your fully completed application form by:

- Email to volunteerhub@h4all.org.uk
OR
- [Post to H4All, Volunteer Development Team](#), Key House, 106 High Street, Yiewsley, UB7 9BQ

Website: [volunteering | Community Care Services | H4ALL](#)