

Gardens Volunteer, Hillingdon Hospital

The Gardening Volunteer role is to improve the quality of life for the patients by ensuring our garden is an inviting environment to spend time away from the ward whilst the patient is admitted or visiting the hospital.

This role is best suited to volunteers who are enthusiastic, enjoy the outdoors, have a passion for gardening and recognise how important an outdoor space can be in aiding recovery and supporting patients and their families during a hospital admission.

Some experience of gardening either in your own garden or in a professional capacity is essential.

What you will be doing

- Tidy and weed flower beds and patio area
- Plant occasionally donated seasonal flowers
- Liaise with estates team to ensure waste bins are emptied as necessary
- Assisting with keeping the garden area tidy and safe
- Understanding Health & Safety and reporting any concerns immediately to a member of staff

The skills you need

- Some experience of gardening either in your own garden or in a professional capacity is essential.
- A calm manner and ability to maintain personal boundaries is essential for this role
- Able to use simple gardening tools such as a trowel or brush
- Active listening skills and a warm and emphatic manner as you will meet many patients in the garden
- Physically fit, enjoy working outdoors and can make a regular commitment
- Flexibility, and the ability to work on your own and with others

What's in it for you

- Satisfaction of assisting others and providing an invaluable service to the Trust and community
- An opportunity to develop personal skills and experience
- An opportunity to share your own skills and experiences
- Insight into the workings of a hospital
- It can be very fulfilling if you love working outdoors

Other information

Main grass area in garden is maintained by our estates team

Minimum age 18

Monday – Friday, morning and afternoon slots available

Disclaimer

What we expect from you:

- Commitment of at least one shift per week, for a minimum period of six months or 30 hours.
- Participation in the training relevant to your role and confidential discussion of any reasonable adjustments required to meet your needs.
- Full compliance with your training and relevant hospital policies including: Infection Control, Health & Safety, Fire Safety, Security, Confidentiality and others as required.
- To live our CARES values through your volunteering role at The Hillingdon NHS Foundation Trust: Communication Attitude Responsibility Equity Safety

To apply for this role

An H4ALL application form MUST be completed.

To obtain an application form:

Visit www.h4all.org.uk and download or print an application form

Or

Email volunteerhub@h4all.org.uk to request an application form to be sent to you by email or post

Send your fully completed application form by:

Email to volunteerhub@h4all.org.uk

Or

Post to H4ALL, Volunteer Development Team, Key House, Yiewsley, UB7 9BQ